

MARCH 2023

"Your time has come, now
hasten little snowflakes. To vanish
quite away; The spring-tide hours
are sounding gentle warnings,
forbidding you to stay."

- M.E. Hathaway

Warm up to Ferris Hills

FERRIS HILLS & CLARK MEADOWS
Independent and Enriched Senior Living
One Ferris Hills, Canandaigua, NY 14424



Ferris Hills resident and retired Geneva City Court Judge David Brind, below left, has been a member of the St. Andrew's Society for 70 years. He recently received an award in Albany from past president William Burke for being the longest serving member.

From 1925 to 1926, the judge's grandfather

was president of the society – which "provides charitable relief, academic opportunities and fosters fellowship around a common Scottish heritage."

Great Scot!

Activities Coordinator Shares Her Passion



It's safe to say music is the center of Katherine McGrath's life.

Her parents are music lovers; she grew up hearing her father play guitar. As soon as she was old enough, she started music lessons. By the time she was a teenager she was playing clarinet, piano, saxophone, and guitar. Now, with a bachelor's in music therapy from Marywood University, the board-certified music therapist has the privilege of incorporating music into her work on a daily basis.

In addition to performing live for residents of both Ferris Hills at West Lake and its enriched living community of Clark Meadows, this enthusiastic activities coordinator teaches music history classes, leads sing-a-longs, and hosts games of Musical Jeopardy.

A fan of everything from Brahms and Mahler to the Grateful Dead and Joni Mitchell, Katherine says she loves to learn new music that residents request. "My favorite songs to play for my residents are *Amazing Grace* and *Sentimental Journey*," she said.

Ferris Hills resident Barbara MacCameron takes music history classes from Katherine and said, "she has that rare gift of expertise coupled with enthusiasm for her subject."

"We have really lucked out having Katherine on staff and willing to bring us such interesting and enjoyable sessions!" she added.

A Happy Hour with Heart

Residents enjoyed a Valentine's Day social on February 14.

