

MAY 2022

Friendship and Flowers Bloom at Ferris Hills

Resident Dorothy Densmore, who recently celebrated her 102nd birthday, and Kathy Crelot, nearly 30 years her junior, became fast friends after Kathy joined the Ferris Hills community in January. The two were among the guests at a recent Kentucky Derby party.



Ferris Hills Chefs Prove Their Chops, with Chops!

Ferris Hills at West Lake Executive Chef Matt Laurence and Sous Chef Tony Cafarelli brought home the award for “Best Tasting” at the recent Kiwanis Club of Canandaigua’s 8th annual Chef’s Challenge.

Held at King’s Catering and Party House in Canandaigua, the event showcased food samplings from more than 20 chefs plus beer, wine and spirits tasting. Matt and Tony won taste buds over by offering lamb chops with spring onions, English peas and mint.

Ferris Hills residents like Dot and Ron Horning – who have called the retirement community home since 2016 – were not surprised to learn of the award. As Dot said, “The variety, the quality and the presentation of the food is wonderful!”



FERRIS HILLS & CLARK MEADOWS

Independent and Enriched Senior Living
One Ferris Hills, Canandaigua, NY 14424

Meet Kathy Crelot, One of Ferris Hills' Newest Residents



"A hidden gem."

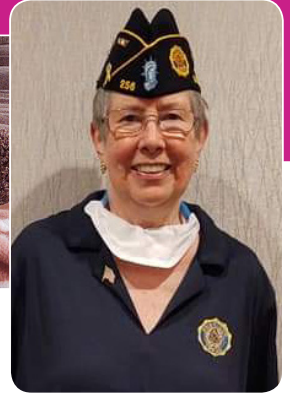
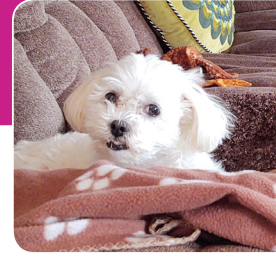
That's how one of Ferris Hills at West Lakes' newest residents describes the retirement community she discovered in 2021 during a six-week, post-surgery stay at its adjacent enriched living community of Clark Meadows.

While there, Kathy Crelot learned of a group of women who play dominoes at Ferris Hills. She joined in the weekly games and, after recovering and returning to the Canandaigua home she'd shared with her late husband, continued taking part in the Saturday

get-togethers with her new friends. Through them, she learned more about Ferris Hills and ultimately put her name on a waiting list.

"They were instrumental in helping me make the decision," she said.

Now, Kathy and her 10-year-old Maltese, Marli, share a large apartment featuring much of the art she's collected over the years as well as many mementos from travels with her husband, Bob.



She describes the staff as vivacious and caring, the food as fabulous, and the on-site amenities including a salon and a fitness center as convenient. "If you want to go out, you can, but you don't have to," she said, noting that while she still drives, reliable transportation is available to those who don't.

Kathy, the retired President/CEO of Finger Lakes Federal Credit Union, is a military veteran, having served three years in the Navy during the Vietnam conflict, followed by more than 17 years in the Naval Reserves. A member of Canandaigua's American Legion post and the Rotary Club, she also volunteers at Clark Meadows.

"I am so used to being active," she said, "and I enjoy doing things for other people."

Knowing Clark Meadows is there as part of a continuum of care mattered to Kathy as part of her financial decision for her to move to Ferris Hills.

"I feel really good being here," she said. "It's a family. That's important to me."

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Photos of Recent Events

