

May 2020

# Spring is in the air at Ferris Hills

Taking walks on sunny spring days and enjoying birdwatching on the Ferris Hills at West Lake campus are among the ways residents Bruce and Carole Kovacs have been keeping busy during several weeks of social distancing.



## FERRIS HILLS & CLARK MEADOWS

*Independent and Enriched Senior Living*  
One Ferris Hills, Canandaigua, NY 14424

**"All of your employees are deserving of special recognition for their extra efforts during this crisis. No one has ever seen a disaster of this magnitude before you and your employees have 'risen to the occasion!'"**

*~ A Ferris Hills resident, in a recent letter to the President/CEO of UR Medicine Thompson Health (which encompasses Ferris Hills)*



# Staying Connected and Engaged While 'Safer Apart'

By Claire Watson, Resident Services Manager

Covid-19 has certainly thrown the world off track and we are all trying to adapt to a new (temporary) normal. Ferris Hills is no different. There is a different pace of life, but that does not mean it has all stopped.

Our community in-house channel has kept staff in communication with residents on a daily basis. Residents are joining in with trivia, puzzles and competitions via paper submission with prizes being won. Some have established new pen-pals with local children and students, while others have revisited old hobbies. Staff have helped set up Zoom, Skype and FaceTime calls with family and friends, which has been a great education along with raising spirits.

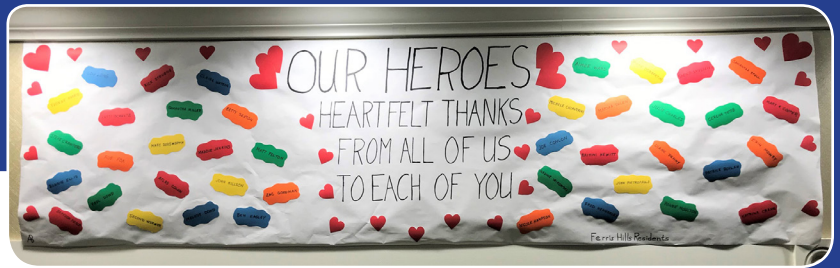
The Fitness Center is open for individual

use, residents are taking advantage of the community trail, and a daily exercise program and stretch class are broadcast to residents' apartments.

Although the dining room is closed, the kitchen is open with the full menu and specials being offered for lunch and dinner with room service delivery. Instacart is being utilized for grocery needs and our own driver is running errands – along with family members – to help our residents avoid risk.

We are looking forward to being together with family and friends, but know at the moment we are safer apart. Remember – Each day, we are one day closer to being back to normal. Stay safe, everyone!

**For more information about Ferris Hills at West Lake, call (585) 393-0410 today.**



This banner, created by residents and hung in the mailroom, features the name of each staff member.



One of our drivers, Betty Sexton, recently delivered a donation of groceries from a Ferris Hills resident to Gleaners Community Kitchen.

## 100th Birthday Wishes from Afar

Ferris Hills at West Lake resident Dorothy Densmore probably thought she'd seen it all in her lifetime. That is until she celebrated her 100th birthday amid COVID-related visitor restrictions and social distancing guidelines. True to form, however, Dorothy took it in stride and enjoyed being serenaded while standing near her patio before opening gifts from family as they looked on from several feet away.

Kristen Meyer of the Clark Meadows staff holds on tight to her balloon while joining others in a round of "For She's a Jolly Good Fellow."



Maintaining a safe distance, Ron Horning wishes Dorothy a happy birthday.



Son Craig Densmore of Victor made a sign for the occasion.



Jodi Wilbur, a member of the Clark Meadows staff, applauds after singing "Happy Birthday" with others.



Staff, family and a few residents spread out on the patio for the celebration.