

MAY 2018



FERRIS HILLS AT WEST LAKE



FERRIS HILLS & CLARK MEADOWS

Independent and Enriched Senior Living
One Ferris Hills, Canandaigua, NY 14424

JOIN US FOR SPECIAL EVENTS AT FERRIS HILLS

Peg Rayburn Drive, Canandaigua

Friday, May 18 ▶ Bridge Tournament

Ferris Hills is pleased to host a community bridge party from **11:30 a.m. to 4:00 p.m.** Players may choose to play in either a duplicate game or a social game. Join us for a buffet lunch and fun afternoon.

Saturday, May 19 ▶ Reading by Canandaigua Lake Chamber Music

The Canandaigua Lake Chamber Music reading will take place beginning at **10:30 a.m.** with a lunch buffet to follow. International musicians Kevin Kumar and Amy Sue Barson will perform the reading on the violin and cello. This is a rare treat for music lovers and not to be missed. Seating is limited.

Thursday, May 31 ▶ Sleep from A-Zzzz

Join MVP Healthcare at **3:00 p.m.** for a fascinating presentation on sleep. How much sleep do you need? How can you get more? Why do you wake up during the night? The facts and myth-busting information can be a life changer.

Friday, June 8 ▶ Finger Lakes Plein Air Artist Demonstration

This year's Finger Lakes Plein Air Competition & Festival will run June 5 – 10, with a painting demonstration by judge Kenneth DeWaard at Ferris Hills on **Friday, June 8th, at 7:00 p.m.** Artists, collectors and the general public are encouraged to attend.

Please **RSVP** at **585.393.0410** or visit **FerrisHills.com**



Thursday, June 14 ▶ The Traveling Cabaret

An evening of song, dance and comedy in the form of The Traveling Cabaret is heading our way. The show starts at **7:00 p.m.** prompt and is set to be a fast-paced cabaret musical bringing Broadway, movie and pop tunes from the '20s, '30s, '40s and '50s to the community.

Friday, June 22 ▶ Wedding Renewals

Perhaps you've made it to 10, 25, or 50 years together and you want the world to know that you'd do it all over again in a heartbeat. Or, you may just like fancy cake and champagne. Either way, you are invited to our celebration beginning at **2:00 p.m.**, don't forget to bring your spouse!

Thursday, June 28 ▶ Everything Chocolate

MVP Healthcare will be back beginning at **3:00 p.m.** with a chocolate tasting and to tell you that it can be healthy. Who doesn't want to hear that you can have your chocolate and eat it with a guilt-free conscience?



Continue the Good Life

FERRIS HILLS
AT WEST LAKE

Independent & Enriched Senior Living

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Meet Jody Wilbur

This spring, Jody Wilbur celebrated the fifth anniversary of what she considers the best career choice she ever made – becoming the lifestyle coordinator at Clark Meadows, the enriched living community adjacent to Ferris Hills at West Lake.

A Clifton Springs native, Jody served as a teaching assistant with the Phelps-Clifton Springs School District for

17 years, working with special education students, coordinating a drug-free program and coaching

track. In 2000, she became an administrative assistant for an independent living community in Phelps and so enjoyed assisting its activities



Jody Wilbur is no stranger to dressing up to make events – like this luau last August – more fun.

"What a privilege it is working here. The team I work with is beyond amazing."

director that she decided she wanted even more hands-on involvement in providing seniors with enjoyable and meaningful activities, events and outings. This is what brought her to Clark Meadows in 2013.

"What a privilege it is working here. The team I work with is beyond amazing. We all work hard to ensure the happiness, safety and wellness of each resident," Jody says, adding, "I now know why I was put on this earth."

Educational lectures, happy hours with live entertainment, elegant Academy Awards galas, rousing Super Bowl parties and lively rounds of Jeopardy are just a few of the events Jody organizes, along with a book club, a spiritual group and more. She also serves as the director of a resident choir, The Meadowlarks.

Jody, who lives in Canandaigua with her dog, Molly, has two daughters and three fun-loving grandchildren. She recently joined The Traveling Cabaret, a troupe that performs at community events and at senior living centers throughout the region.

Facilities Department Supports 'Maintenance-Free Living'

When you ask the folks in Ferris Hills' Facilities Department what a typical day is like, you quickly learn there is no such thing as typical day.

But that's just how they like it – every day is different for Facilities Director David Burgess and his team. After all, these jack-of-all-trades professionals are responsible for the grounds, the HVAC systems and the back-up generator, security, the sprinklers and the fire alarms, plus all of the every-day maintenance needs.

"One of the selling points for residents of Ferris Hills is maintenance-free living. You name it - a leaky faucet, a lightbulb in the ceiling that needs replacing or a picture that needs to be hung on the wall – and they will take

the stress out of dealing with it," says Aimee Ward, executive director of Operations & Development.

The job often involves calls in the middle of the night or on weekends, but the Facilities staff members enjoy their jobs. The reason? That's easy – it's the residents.

"They're great people," Burgess says, noting the residents are overwhelmingly positive and also interesting to talk to, given their varied backgrounds.

"I love going into their apartments, working with them and helping them," he says.

While taking care of residents' needs and keeping them happy is the goal of



Kevin Oberer, left, and David Burgess of Facilities were among Ferris Hills staff members who donned choir robes and sang carols to residents during the holidays. A third department member, Rob Fox, is currently on deployment with the U.S. Army.

the Facilities Department, Burgess says the interaction with the residents is so enjoyable, it keeps him happy, too.

"They can really make your day," he says.

Recent Events at Ferris Hills

Irish Day, RIT Flutes, Antique Roadshow, Fiddlers of the Genesee

