

FEBRUARY 2018



FERRIS HILLS

AT WEST LAKE



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MEDICINE | HEALTH

FERRIS HILLS & CLARK MEADOWS

Independent and Enriched Senior Living

One Ferris Hills, Canandaigua, NY 14424

JOIN US FOR SPECIAL EVENTS AT FERRIS HILLS

Peg Rayburn Drive, Canandaigua

Thursdays, Mar. 1-Apr. 12 ▶ **Great Decisions**

We will be hosting the Great Decisions discussion program at **11:15 a.m.** Come to one session or come to all and discuss the current issues facing America today. Each week we will look at a new hot topic including “China and America: The New Geopolitical Equation” and “U.S. Global Engagement and the Military.”

Wednesday, Mar. 7 ▶ **Writing Memoirs**

Your memories and stories are precious and people do want to hear them. Being able to pass on your non-financial wealth to your family is priceless. Join Ron Anderson at **3 p.m.** to hear about his memoir writing and learn how to start your own legacy book for the generations to come.

Friday, Mar. 16 ▶ **St. Patrick's Day Social**

If you have yet to attend one of our socials you really are missing out! Come along at **4 p.m.** for an Irish-themed dinner, enjoy a glass of Guinness or whiskey and lively music by Tom Dunn.

Saturday, Mar. 24 ▶ **Fiddlers of the Genesee**

At **2 p.m.** we will be enjoying traditional acoustic folk music featuring the fiddle and several other accompanying instruments. Enjoy a repertoire including reels, jigs, hornpipes, rags, breakdowns and waltzes.



Thursday, Apr. 5 ▶ **Long-Term Care and Estate Planning**

Attorney Michael Robinson will bust some estate planning myths at **3 p.m.** Learn more about paying for long-term care and how you can eliminate the need for court involvement should you become incapacitated, and at the time of your passing.

Thursday, Apr. 12 ▶ **Preserve a Photo**

If you have boxes of old photos and want to get them in some sort of order, you need to come to Nancy Carr's talk at **3 p.m.** Nancy will explain how she can help organize, retouch, digitize and preserve your photos for years to come.

Friday, Apr. 20 ▶ **String Sextet**

At **4 p.m.** FredFour, faculty members at Fredonia University, will present a program featuring the music of John Zorn, Erno Dohnanyi, and jazz standard arrangements by Kieran Hanlon, including a one-of-a-kind presentation of the Passacaglia by Halvorsen. Join us for a glass of wine as you enjoy this wonderful piece.

Friday, Apr. 27 ▶ **Spring Social**

Starting at **4 p.m.**, we will be celebrating the end of the cold and welcoming spring. Fresh mint juleps, upbeat music and samples from our menu will help you get rid of the winter blues.

Please **RSVP** at **585.393.0410** or visit **FerrisHills.com**



Continue the Good Life

FERRIS HILLS
AT WEST LAKE

Independent & Enriched Senior Living

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Taste the Good Life at Ferris Hills

Writer Virginia Woolf once said, “One cannot think well, love well, sleep well, if one has not dined well.”

Indeed, dining well is – for many residents – one of the best parts about living at Ferris Hills at West Lake, where talented chefs prepare a wide variety of casual and fine dining options daily.

“The food is something to brag about,” says Julie Grandmaison, who moved to Ferris Hills from Pennsylvania in the spring of 2017. “I like just about everything they have, and what is very nice is that you have so many choices.”

Grandmaison’s favorites include prime rib, lobster, filet mignon and many of the chicken dishes. She also loves getting the hearty vegetable soup, and every night, she makes sure to order one of the desserts, which she describes as “out of this world.”

“Even if I can’t eat it when I’m done with the meal, I bring it home and have it later,” she says.

Jack Bartlett, who has lived at Ferris Hills for about two years, usually prefers having lunch rather than dinner in the dining room, where he eats with a number of friends.

The salads, the chili, the Reubens and the tuna melts are among the favorites for Bartlett, who finds the staff to be pleasant and helpful.

“They’re good people,” he says.

Pat Astemborski agrees.

“Oh, they’re excellent,” she says, noting the servers know all the residents by name and always remember what they like to drink or how they like their food.

Astemborski – who moved to Ferris Hills with her husband from Skaneateles three years ago – especially looks forward to the corned beef and cabbage but says no matter what a new resident might like to eat, “they would

not be disappointed.”

That’s just what Mark Dobbertin likes to hear.

As the dining services manager for Ferris Hills, Dobbertin has been expanding the menu since arriving in 2017, following several years of owning and operating an Italian restaurant on the northern end of Conesus Lake.

A graduate of Rochester Institute of Technology with a degree in Food Management, Dobbertin worked for both the Marriott Corporation and Wegmans prior to owning the restaurant, so in addition to his culinary talents, he



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brings a management style developed primarily while with Wegmans. This is the case whether someone is grabbing an item from the continental breakfast served daily, having lunch at the café, enjoying dinner in the dining room or even hosting friends and family in the private dining room.

“We started a program called ‘Back to Basics’ for our entire dining staff. We are emphasizing the importance of communication, truly understanding the products we are offering our residents and delivering exceptional customer service,” he says, noting the staff can accommodate dietary needs, coordinate special events with on-site catering services, and provide complimentary take-out and home delivery services.

If you would like to experience Ferris Hills dining for yourself, you’re in luck. When you arrange a tour of Ferris Hills, just make sure to ask for lunch to be included. The staff would love to host you and give you a taste of the good life. **Call (585) 393-0410 today!**

February Events at Ferris Hills

Eastman Strings, The Geriactors, The Olympics

