



# Clark Meadows September 2025 Activity Calendar



## SEPTEMBER BUS TRIPS

11th– Lunch at  
The Mansion (PY)

18th– Scenic  
Trip

25th– Wal Mart

26th– Ganondagan  
Culture Center

Sign up for  
bus trips  
next to the



mail room.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>September 7th-13th is National Assisted Living Week!</p> 	<p><b>1 Labor Day</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 1:00 Dominoes TVR 2-4 Knitting Club LR</p>	<p><b>2</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Progressive Scavenger Hunt Intro– LR 11:30 Patio Picnic (sign up) DR Patio 12:45 Mahjongg TVR 1:00 High School Banners Craft MPR 3:00 Euchre TVR 3:45 Crossword LR</p>	<p><b>3</b> 9:00 Men's Coffee RH 9:00 Day in History LR 9:30 Exercise TVR 10:30 Flower Arranging MPR 10:30 ' Hard Knocks; Training Camp w the Buffalo Bills' TVR 1:00 United Church Meeting RH 1:00 Reading w Melissa TVR 2:00 Food Meeting TVR 3:00 Happy Hour with Standard Time DR Patio/ MPR</p>	<p><b>4</b> 9:00 Day in History LR 9:30 Exercise w Mel TVR 10:30 Yahtzee w Mel LR</p> <p><b>11:00—2:00 CAR SHOW</b> 12:30 Music with Paul Strowe; Gazebo</p> <p>3:45 Crossword LR</p>	<p><b>5</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Spiritual Care TVR 10:00 Golf Cart Rides 1:00 Bingo MPR</p> <p><b>2:30 Clark Meadows' Pep Rally !!! LR</b></p> <p>3:00 Euchre TVR</p>	<p><b>6</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:00 One Day Uni RH 10:30 Wii w Dez LR 1:00 School Days Word Games LR</p> <p><b>2:00 Movie; "Patch Adams" TVR</b></p>
<p><b>7 National Assisted Living Week Begins!</b></p> <p>10:15 Catholic Communion RH 2:00 Movie; "O Brother, Where Art Thou?" TVR 3:00 Grandparents Social LR</p> 	<p><b>8 Wear Your Favorite Hat</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Pencil Cookie Making MPR</p> <p>1:00 Dominoes TVR 2:00 Tea &amp; Trivia MPR 2-4 Knitting Club LR 3:00 ' Hard Knocks; Training Camp w the Buffalo Bills' TVR</p>	<p><b>9 Wear Your Football Colors</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Minute To Win It Staff Challenge LR 11:30 Kick Off to Football Season Lunch- MPR 12:45 Mahjongg TVR 2:00 Sing Along w Gabe MPR 3:00 Euchre TVR 3:45 Crossword LR</p>	<p><b>10 Wear Your Animals!</b></p> <p>9:00 Men's Coffee RH 9:00 Day in History LR 9:30 Exercise TVR 10:30 Spa Nails MPR 10:30 ' Wind Riders   How Hot Air Balloon Pilots Conquer the Skies' TVR 1:00 Staff Baking Contest LR 1:00 Reading w Melissa TVR 3:00 Happy Hour with Tom Dunn Gazebo/ RH</p>	<p><b>11 Dress Patriotic</b></p> <p>9:00 Day in History LR 9:30 Exercise w Mel TVR 10:30 Lunch Trip Penn Yan Mansion (Esperanza) Lunch Trip 10:30 Yahtzee w Mel LR 2:00 Drink Social w Melissa LR 3:45 Crossword LR</p>	<p><b>12 Wear Sparkle &amp; Bling</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Spiritual Care TVR 1:30 Celebrate Clark Meadows; 'Clark'-ademy Awards RH</p> <p>3:00 Euchre TVR</p>	<p><b>13</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:00 One Day Uni RH 10:30 Wii w Dez LR 1:00 Bingo MPR 2:00 Movie; "Miss Potter" TVR</p>
<p><b>14</b></p> <p>10:15 Catholic Communion RH 1:00 Soulful Music w Rev Janice LR 2:00 Movie; "Emma" TVR 3:00 Resident Choice Table Games LR</p>	<p><b>15</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Ski Team Tricks; The Process and Trials Through the Eyes of Mom LR 1:00 Dominoes TVR 1:30 Chocolate Tastings Bar LR 2-4 Knitting Club LR 3:00 ' Hard Knocks; Training Camp w the Buffalo Bills' TVR</p>	<p><b>16</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 OCHS Historical Presentation RH 11:30 Patio Picnic (sign up) DR Patio 12:45 Mahjongg TVR 2:00 Adventures Concentration MPR 3:00 Euchre TVR</p> 	<p><b>17</b></p> <p>9:00 Men's Coffee RH 9:00 Day in History LR 9:30 Exercise TVR 10:30 Spa Nails 10:30 ' The Voyage to the Scariest Ski Run of my Life' TVR 1:00 Reading w Melissa TVR 3:00 Happy Hour with Sam Warren DR Patio/ MPR</p>	<p><b>18</b></p> <p>9:00 Day in History LR 9:30 Exercise w Mel TVR 10:30 Yahtzee w Mel LR 10:00 Scenic Bus Trip 2:00 Name That Tune MPR 3:45 Crossword LR</p>	<p><b>19</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Spiritual Care TVR 10:30 Taste of Fall Coffee Bar LR</p> <p>11:30 Birthday Lunch PDR 1:00 Bingo MPR 3:00 Euchre TVR</p>	<p><b>20</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Wii w Mary K LR 1:00 Table Games LR 2:00 Movie; "Nonna's" TVR</p>
<p><b>21</b></p> <p>10:15 Catholic Communion RH 1:00 Soulful Music w Rev Janice LR 2:00 Movie; "The Quiet Man" TVR 3:00 Resident Choice Table Games LR</p>	<p><b>22 1st Day of Fall</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 In the Kitchen with Melissa MPR</p> <p>1:00 Dominoes TVR 1:30 Fall Tastings LR 2-4 Knitting Club LR 3:00 ' Hard Knocks; Training Camp w the Buffalo Bills' TVR</p>	<p><b>23</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:30 Activity Meeting MPR 11:30 Patio Picnic (sign up) DR Patio 12:45 Mahjongg TVR 2:00 Resident Farmer's Market MPR</p> <p>3:00 Euchre TVR 3:45 Crossword LR</p> 	<p><b>24 Dress 50s Day!</b></p> <p>9:00 Men's Coffee RH 9:00 Day in History LR 9:30 Exercise TVR 10:30 Spa Nails MPR 10:30 'Modern Marvels: Cutting Edge Extreme Aircraft' TVR 1:00 Reading w Melissa TVR 3:00 Sock Hop Happy Hour with Jilissa DR Patio/ MPR</p>	<p><b>25</b></p> <p>9:00 Day in History LR 9:30 Exercise w Mel TVR 10:00 Wal Mart Shopping Trip 10:30 Yahtzee w Mel LR 2:00 Resident Ambassadors Host CM Ice Cream Social MPR</p> <p>3:45 Crossword LR</p>	<p><b>26</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 9:30 Ganondagan Cultural Center Trip 10:30 Spiritual Care TVR 1:00 Bingo MPR 3:00 Euchre TVR</p>	<p><b>27</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 10:00 One Day Uni RH 10:30 Wii w Dez LR 1:00 Sing Along w Gabe MPR 2:00 Movie; "True Spirit" TVR</p>
<p><b>28</b></p> <p>10:15 Catholic Communion RH 1:00 Soulful Music w Rev Janice LR 2:00 Movie; "The Miracle Worker" TVR 3:00 Resident Choice Table Games LR</p>	<p><b>29 Nt'l Good Neighbor Day (Wear your cardigan)</b></p> <p>8:30 Resident Flu Shots LR 9:00 Day in History LR 9:30 Exercise TVR 10:30 Fall Leaf Craft MPR</p> <p>1:00 Dominoes TVR 1:30 Apple Cider Tastings LR 2-4 Knitting Club LR 3:00 ' Hard Knocks; Training Camp w the Buffalo Bills' TVR</p>	<p><b>30</b></p> <p>9:00 Day in History LR 9:30 Exercise TVR 11:00 All Resident Meeting MPR</p> <p>12:45 Mahjongg TVR 2:00 Scavenger Hunt Winners! LR</p> <p>3:00 Euchre TVR 3:45 Crossword LR</p>	<p><b>BACK TO SCHOOL</b></p> <p>We remember...</p> 	<p><b>This month we explore Adventures!</b></p> 	<p><b>Where Are the Activities?</b></p> <p>MPR: Multi-Purpose Room (2nd floor) RH: Rayburn Hall (Ferris Hills) DR : Dining Room (1st Floor) TVR: Television Room (2nd Floor) ELB: "Elbow" Area by Elevator (1st Floor) LR: Living Room (1st Floor) Patio: Front Patio (Outside CM Front Entrance) DR Patio: Back Patio Outside the Dining Room VL: Vista Lounge (Ferris Hills) GZ: Gazebo (Outside Rayburn Hall)</p>	

Contact Beth Bingham, Lifestyle Coordinator for any questions: (585) 393-4330 or Elizabeth\_Bingham@URMC.Rochester.edu. Activities run by Beth, Melissa, Dez and Mel.