

November 13, 2020

Good afternoon Family and Friends,

We continue to be COVID free in our community! Testing continues for staff on a weekly basis.

Just when we thought we had the travel restrictions figured out, NYS announced new guidelines allowing for out-of-state travelers to New York to "test out" of the mandatory 14-day Quarantine. For any traveler to New York State from out of state, exempting the contiguous states including New Jersey, Pa., Connecticut, Massachusetts or Vermont, the new guidelines for travelers to test-out of the mandatory 14-day quarantine are below:

- Travelers must obtain a test within three days of departure from that state.
- The traveler must, upon arrival in New York, quarantine for three days.
 On day 4 of their quarantine, the traveler must obtain another COVID test. If both tests comes back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.

In order to then have a visit at Clark Meadows, documentation of **both** negative COVID tests must be presented at the point of pre-screening. No exceptions.

Because this situation is ever-changing, particularly in light of the rise in cases, if additional changes to our visitation restrictions are needed, we will be back in touch immediately.

Visits continue in our dining room. We would like to reiterate that due to a Department of Health regulation, **these visits must be supervised.** You may give any items you are bringing for your loved one to the staff person who is prescreening you. Please call Rebecca or Lynne to schedule your visit.

Please remember that when you are dropping off items for your family members, mark their name or apartment number on your bags. If you are dropping off over the counter meds, please have them in a separate bag for the Nurse.

Residents are busy making blankets for our upcoming sale to benefit our adopted military family for the holidays. Watch for some photos from our Veteran's Day celebration early next week too!

As always, if you have any questions or concerns, please give me a call. Thank you.

Sincerely,

Jennifer Army